



HOPE LUTHERAN C H U R C H & S C H O O L

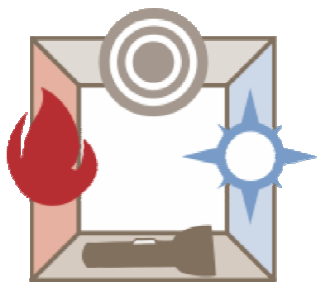
"Engaging the disinterested to walk in the HOPE of Jesus"

October/November 2015
Newsletter

Overflowing Cup

In the 23rd Psalm, the shepherd boy David describes a scene that you may have experienced this summer and early fall: "The LORD is my shepherd I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul" (vv. 1-2). I had an experience like that at Minotaur Lake in early September. It had been a brutal hike with a 30 pound backpack to get there, but upon our arrival we were greeted by the soothing and soul refreshing scene of soft mountain meadows at the shore of a pristine, still mountain lake. It is this such refreshing of the soul that David cites before carrying on to observe that even though he walks through the darkest valley/the valley of the shadow of death, that he would "fear no evil, for you are with me." Toward the end of the Psalm he prays, "You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows." What a beautiful picture - in the midst of great difficulty, David saw God as giving him abundant blessings, to the point that his cup was not only merely "full", but "overflowing." As we head into this fall together at Hope, my heart feels as if our collective cup is overflowing as God leads us into several exciting new ventures together.

In September, we talked about the Vision that God revealed to our Vision Pathway Team: that Hope would one day become known as a place that offers intellectually satisfying answers to the big questions of our world, that we would more than ever be known as the place to go in West Seattle when you're hurting and need love, that we would be regarded as a place of real, authentic Christian faith where fakery and hypocrisy are rejected and ownership of our own stories is valued. We talked about the dream that one day, 50% or more of the people at Hope would have come to faith in Jesus at Hope! These things together are a picture of our long-term vision. Around that picture is a frame made of four sides, each with an icon representing a different part of our "Vision Frame":



Mission: Represented by a compass - this points the general direction of Hope and reminds of WHAT our purpose is: engaging the disinterested to walk in the Hope of Jesus.

Values: Represented by a flame - these are things that motivate us towards our mission and vision: Awakening Truth, Wisdom, Excellence, Community, and Compassion.

Strategy: Represented by a flashlight - this shines the way towards a path of next steps to take toward the

accomplishment of our mission: *gatherHOPE* (worship), *linkHOPE* (small groups of Jesus-centered friends), *renewHOPE* (events to take you deep in your faith and fill you with renewed hope and energy), *shareHOPE* (opportunities to serve the spiritual and physical needs of others inside of Hope and out in the community).

Measures/LifeMarks: Represented by the bull's eye on a target - these are characteristics of a mature disciple of Hope: ELEVATION, CONNECTION, EXPEDITION. Later this fall, we will launch a new online assessment to help you understand where you are strong and areas where there is room to grow.

HOPE 365: For the next year, we want to encourage you to reflect and pray daily. Ask yourself two questions: 1) What opportunities did I have today to engage someone? 2) What have I learned today about walking in the Hope of Jesus? Very soon, we will begin to provide a series of tools to help encourage and remind you to make this time of reflection and prayer a part of your daily life. The first of these will be a mobile app, but there will be others available as well.

linkHOPE: I also want to encourage you to pursue CONNECTION and Jesus-centered friendship this fall by being in a linkHOPE group. These are small groups of people at Hope who meet together to study the Bible, talk about life, and pray for each other. If you're already in a small group, I encourage you to get in touch with your group to start meeting again. If you're not in a group, you have two options: join an existing group or invite some other people you know to create a new group with you. In either case, please contact Karen O'Brien or the church office for more information. Small group/linkHOPE study guides are available from the church office by email, from the church website, and in paper form in the Commons. Linking together with other Christians is something that will give you joy, strength, knowledge, and hope! Make it a priority in your life this fall.

And so, our collective Hope "cup" is overflowing this fall with blessings from God and many things to pursue in His kingdom work! There is, of course, much, much more that I have not written about here that I encourage you to read about elsewhere in this newsletter. I encourage you also to make a list of the ways that God is overflowing your cup in your own life, even when difficulty comes - He very much wants to "refresh your soul"!

In His Strength and Peace,
Pastor Peter

Women of Hope Ministry Action Team News!

Your MAT members: *Gwen Fraser, Karen Webster, Ginny Eilers, Patra Mueller, Korene Schultz, Dianne Koltz,*

Lutheran Women in Mission — In West Seattle and Beyond

**You are invited to a luncheon on October 18
at 12 noon in the Fellowship Hall.**

- Come join with other Women of Hope to celebrate the many opportunities we have to be in mission.
- Meet and share a yummy salad lunch, good conversation, and new connections.
- Learn about a local Seattle outreach of Caring and Support through *Lutheran Ministries Services Northwest*.
- Hear how the International Lutheran Women's Missionary League (LWML) is touching the lives of people throughout the world.
- Consider wearing Purple as a fun way to show your support for Lutheran Women in Mission/LWML



The Priscilla Bible Study Group welcomes all women to join us the third Tuesday of each month at 7 p.m. in the Commons. Our next meeting is October 20. In November - we have changed the date to the second Tuesday, November 10. We are using the LWML study, *Focus Lost ... Focus Restored*, which deals with 9 biblical personalities and examples of times when they lost their focus and when their focus was restored by God. Once again, Priscilla is putting together Christmas gift bags for residents at The Mount. Everyone is invited to contribute to this project by collecting small gift items: pens, note pads, lotions, individually wrapped tooth brushes, candies, cough drops, jewelry, small decorations, stamps, etc. Please mark for "The Mount" and bring to the church before Tuesday, November 10. At our November meeting we will make up bags for distribution on Christmas Day at The Mount. A much appreciated annual event. Join us for Bible study and for this special service project. For further information or questions contact Ginny Eilers or Dianne Koltz.

Gift and Goodies Sale - Sunday, November 15

On Sunday, November 15, come to the Fellowship Hall before or after attending services. You will be welcomed with tantalizing delicacies, hot coffee, and homemade lefsa, accompanied by your favorite Christmas carols played on our grand piano, all while strolling through a wonderland of treasures: *Quilts, potted Amaryllis, Christmas decorations galore, children's games, books, and toys, a Thanksgiving table, baked goods of every kind, soup in a jar, and a silent auction for special services.*

For this event to be a success, we need all you crafters and confectioners to be planning your donations now. Beautiful handcrafted items and lovingly preserved jams and jellies are particular favorites for those attending this event. If you are putting up jams, jellies, and other preserved food items, please consider setting aside a few jars to donate to the sale. If you are a crafter or artist, a donation of your work would be greatly appreciated.



Consider donating a coupon with the promise of a service, special craft, or treat such as:

A coupon for the Hope Lutheran Women's Ministries Gift & Goodies Sale. It includes fields for "Offered By:", "Phone: () - -", "Email:", "Valued at: \$", and "Expires:". Below these fields is a small disclaimer: "The Fine Print: The purchaser of this coupon is responsible for contacting the donor to set up a mutually agreed upon time & place for this coupon to be redeemed. If no expiration date is listed, all coupons will expire on May 31, 2015." The coupon is titled "This Coupon is Good For:" and has a small logo at the top left.

housecleaning, baking,
walking the dog, window
washing, gardening,
transportation, —you name it.

Replacing the church office entry stair treads (the current carpet is *at least* 25 years old) will receive 80% of the proceeds, with the remaining 20% going to the Lutheran Ministries Services NW, a self-supporting chaplaincy program. On November 15, bring your checkbook, cash, or credit card and support Hope while taking home some lovely gifts for your friends and family or go ahead and buy that special treat for yourself.

Donations may be brought to the Fellowship Hall on Saturday, November 14, between 10 a.m. and 2 p.m. Contact Gwen Fraser or any of the Women's MAT team members if you have questions.

God Loves MARRIAGE

Many years ago I spent a day fishing with a friend whom I didn't see very often. As the day was winding down and we had left the boat, the conversation turned to his marriage. "I didn't sign up for this" my friend confided in me as he finished telling me all the things his wife was doing that he wished she didn't, and of the things she wasn't doing that he wished she did. It caught me totally off guard. Where do you begin in response? It was a classic case of someone who got married not to "to have and to hold," but "to have and be held." In those days, I was still trying to figure out my own marriage, but even then I knew that those words were only spoken after contempt had entered the arena. (See "Four Horsemen of the Apocalypse" Marriage Moment article in the April/May Hope newsletter.) My friend wasn't a Christian, so I didn't feel like I could directly use scripture as a reason to convince him to change his thoughts and motives. I hadn't been to his wedding, but I was pretty sure the person performing the ceremony must have used the words "for better or for worse." I doubt a lot of people take commitment to their wedding vows very seriously. The emphasis today seems to have shifted from the honor of someone's word to the desire for them to "be happy." Today's marriages seem to be built on convenience and conditions instead of commitment. "I will stay with you as long as I feel fuzzy feelings and life is fun". Pastor Chip Ingram says the first "C" in building a Christian marriage is commitment. He defines it as "a lifelong choice of unconditional love to an imperfect person." Each person should be committed in their own mind that they are "all in," and their spouse has to have the confidence in them to know that they will be there through thick and thin. Our unconditional commitment of love to our spouse will help increase openness and vulnerability, which are two keys to really bonding with your spouse. Look at Isaiah 43: 21-26 *"The people whom I formed for Myself will declare My praise. "Yet you have not called on Me, O Jacob; But you have become weary of Me, O Israel. "You have not brought to Me the sheep of your burnt offerings, Nor have you honored Me with your sacrifices. I have not burdened you with offerings, Nor wearied you with incense. "You have bought Me not sweet*

cane with money, Nor have you filled Me with the fat of your sacrifices; Rather you have burdened Me with your sins, You have wearied Me with your iniquities. "I, even I, am the one who wipes out your transgressions for My own sake, And I will not remember your sins." Here God's chosen people have not been faithful to Him. They have not done what they were supposed to do and have done what they were not supposed to. And yet God stays faithful. The relationship with his bride, the church, is worth keeping alive even though he has every right to say, "I didn't sign up for this." He takes the initiative to forgive and renew the relationship. The term "love" in a marriage is better thought of as an action verb, instead of a feeling—like infatuation. When we choose to love our spouse, it means listening to your spouse dump all the anxiety on you from their day, even when you don't want to. It means picking up after them, even though you've asked them over and over again to not leave stuff lying around. It means doing the dishes when you don't feel like it. It means picking up the slack when they are sick. It may mean taking care of them when they are old and don't know who you are any more. That's love. I should say that there are some marriages that should be terminated due to mentally or physically abusive relationships, as well as biblically endorsed reasons, but those conditions are not as high as the divorce rate.

Your assignment for this time is to find at least one thing a day that you don't want to do, but when you do it your spouse will feel loved and cared for by you. (I heard that! OK, start with one a week if you have to!)

So, commitment is just the first building block of marriage. Next is Communication, then Caring, and finally Commission. Bernadette and I are wondering if there is enough interest to start a small group focusing on Christian marriage relationships. If you have interest would you drop us a quick email at lbsommer@aol.com or call the Church Office. Thanks!

Enrich Your Relationship at the Fall 2015 Lutheran Marriage Encounter Weekend!

November 6 - 8, Seattle / Renton, WA

Married husbands and wives can apply at GodLovesMarriage.org. Contact Carl & Dallas Anne Presley at carl.presley@comcast.net or 206 522-6849 for more information. But hurry! Pre-registration is required and Weekends fill fast - don't miss out!

New Season for Hope Choir

By Michael Dart, Choir Director

Hope Church Choir continues its long tradition of service to Hope congregation through performance in worship, presentation of special concerts, and community outreach.

Some things you may not know about Hope Choir:

- Meeting for rehearsal each Wednesday evening in the church sanctuary from mid-August through mid-June; the choir prepares music in a wide variety of genres, including jazz, gospel, traditional hymnody, and choral arrangements of contemporary worship literature.
- We add new material to our choral library each year, both to take advantage of the wonderfully creative new repertoire available from choral composers and to assure variety and challenge for our singers.
- Hope Choir is a non-auditioned ensemble, and note-reading ability is valued but not essential. All that is required for participation is the capacity to hear and sing notes with reasonable pitch, willingness to take direction, and commitment to regular and focused rehearsal.
- Our rehearsals are vigorous and joyful, characterized by fellowship, humor, mutual support and, at the close of our time together, a few moments set aside for lifting up petitions and praises in prayer.

Our choral music program is also dedicated to collaboration with instrumental musicians, and we are always seeking talented musicians to supplement and enhance our vocal performances, both in Sunday worship and for special concerts and events. We have available many choral compositions with instrumental accompaniment in virtually every variety of orchestral instruments, including strings, woodwinds, brass, and percussion. The skill level required varies, but most selections are accessible for players of intermediate achievement or better, particularly if one plays/practices regularly.

Please let us know if you are interested in joining us as an instrumentalist, and we can seek options that match your level of preparation. Although we benefit from the extraordinary talent of our choir accompanist, we also welcome pianists to join her in special presentations, such as four-hand piano accompaniments or piano and organ duets.

It would be a great pleasure to have you join us—for a special concert, for a season, or for a year and more. If you have questions about our choir program and how it might fit your schedule, please feel free to contact Michael at mdart@seattlelutheran.org.

Organ Concert - Sunday, November 8, at 2 p.m.

Join us in the Hope Church Sanctuary on November 8, at 2 p.m. for our annual concert, showcasing our fine organ and the talent of our wonderful church organist, Linda Knebel, as she presents repertoire encompassing classics to contemporary.

This year, we will supplement the organ recital with some exciting musical selections featuring our Hope Church Choir, along with guest instrumentalists, including a brass quartet and woodwinds, as we demonstrate the versatility of the pipe organ with voices and other musical instruments.



A freewill offering to support maintenance of our organ will be taken and refreshments will follow the concert, offering guests an opportunity to meet and greet Linda and our other musicians. Please join us for an afternoon of inspirational music!

The purpose of our family ministry is to partner with parents to help our children **KNOW, SERVE** and **LOVE** Jesus.

KNOW -

Sunday School - 9:30 - 10:20 a.m. for children 3 years old through 5th Grade. Opening begins in the Music Room and children are picked up from their assigned classrooms.

Children's Church - 3 years old through 2nd Grade during the sermon at the 10:30 service.

Each week the children will sing songs, watch a short Bible story, and experience activities that reinforce the story. During September and October, the children will be studying the story of Joseph from the book of Genesis. The memory verse is: **"Joseph said to his brothers, 'Don't be afraid, you intended to harm me, but God intended it for good: the saving of many lives.'"**
Genesis 50:20

SERVE -

Family Faith Events - the Fourth Sunday of the month at 9:30-10:20 in the Fellowship Hall.

October 25 - Families will be putting together school kits to be sent all over the world through Lutheran World Relief.

November 22 - Families will be sorting food from the Hope School Food drive to fill our food closet.

A special thanks to Elissa Sommer, our Human Care Ministry Coordinator for organizing these events.

LOVE -

SPIRITUAL PARENTING CLASS - Sundays at 9:30 a.m. in the Multipurpose room. It is not too late to join other parents as we journey through this incredible book on spiritual parenting. We will learn how to create environments where God's love can be shared in tangible ways. This class will not focus on controlling a child's behavior. Rather, it will focus on passing on a vibrant faith so the love of Jesus will guide our children through each stage of life.

Mark your calendars:

Third Grade Bible Blessing will be celebrated on Sunday, October 25 during the 10:30 service. Parents will receive an email with all of the details in early October.

First Communion Classes begin - Meeting at 9:30 a.m. on Sundays: October 18, 25, November 1, 8. We invite children age 10 or older and their parents to learn and review the basic teachings of our distinctive Lutheran belief about the Lord's Supper. One or both parents are expected to join their children in the class and work with them during the week on their simple assignments. This four session class will meet in Room 212, on the 2nd floor of the school. Please pre-register by contacting Deacon Dan Jackson at djackson@hopeseattle.org or the church office at 206 937-9330. Save the date: *First Communion for the children who attended these classes will be on Sunday, November 8, at the 10:30 service.*

HOPE 101 - The new member information class will meet weekly beginning Wednesday, October 14, 7:00-8:30 p.m. and is taught by Pastor Peter. If you are transferring from another LCMS congregation, we ask that you participate in the first two classes. Upon completion of the class, new members will be welcomed into the Hope family on Sunday, November 22, at the 10:30 service. Questions or to sign up, please contact patramueller@hopeseattle.org. We are so excited to help you make Hope your church home!

Daily Devotions from Lutheran Hour Ministries

Daily Devotions with Rev. Ken Klaus - Inspirational, interesting, and relevant to today's world, these guide the reader toward Scripture, stressing the Good News of the Gospel in a refreshing way. To receive or to download to your mobile device, go to: www.lhm.org/dailydevotions.asp.

Hope School News



FALL FROLIC

Parents and Teachers of Hope (PTH) invite all Church and School families to their fall dance celebration, featuring games, crafts, face painting, pizza, contests, and more!

**Saturday, October 24, 5:30 p.m. to 8:30 p.m.
at Seattle Lutheran High School Gym**

Ticket presale begins Tuesday, September 29 through Friday, October 16. Admission is just \$10 per child (ages 3 and up) and includes **five** activity tickets. Accompanied adults and kids under 3 are free! Please see the school office for forms to pay by check or cash and drop off at the school. You may pick up your presale tickets at the door on the day of the event.

Admission tickets may also be purchased at the door on the night of the event; however, they will only include **two** activity tickets. Additional activity tickets will be available for sale.

To take advantage of the best deal - make plans to purchase yours by October 16!

More event details may be found by visiting the PTH page at hls.hopeseattle.org.

OPEN HOUSE EVENTS

Hope Lutheran school invites you to attend their open house events this fall and invite friends or family looking for small class sizes and rigorous academics. We serve students in preschool through grade 8, encouraging life-long learning in a warm and nurturing environment.

Questions? Contact Sally Heit, Admissions Director, at [206 935-8500](tel:2069358500) or email at sheit@hopeseattle.org

Kindergarten Information Night
November 3, 6:30 p.m.

All School Open House
November 17, 6:30 p.m.

Preschool Open House
January 12, 6:30 p.m.

SAVE THE DATE!

Great Gatsby Gala April 9, 2016

Calling all *Guys and Dolls*! Don't be a wet blanket! The Roaring 20s are coming to Hope School April 9, 2016. *Get a wiggle* on and join us for what is sure to be the *swankiest* affair this side of West Seattle! Want to get involved? Contact auction co-chairs Sarah Nicol and Sally Heit at 206-935-8500. Stayed tuned for more auction information and let's make Hope's Great Gatsby Gala the *bee's knees*!



Stephen Ministry Meeting, Monday, November 9, at 7 p.m.

The next bi-monthly gathering of Stephen Ministers will be held on November 9 in the Fireside Room, Oregon entrance, at 7 p.m. The gathering is open not only to trained Stephen Ministers of the past 30 years, but to all members of the congregation who would be interested in the discussion of the topic: "The Importance of Consistency in the Process of Caregiving for Others." All of us have many opportunities for caregiving, something that is very important for us as God's people, knowing that when we love and care for others, we are responding to God's love and care for us. Please come! The discussions are open, beginning at 7 p.m. and ending by 9 p.m.



Congregational Assembly

The Board of Directors wants to meet with the people of Hope more regularly to share updates about its work and to field questions. You are invited to attend a special informational meeting of the Congregational Assembly on Sunday, October 25, after the 10:30 service (about 12:15pm). Updates will be shared on our budget, the completed roof project, strategic initiatives and more. See you then!

CONGREGATIONAL
ASSEMBLY

Mug Mates 2015-2016

What is Mug Mates?

Mug Mates is a group designed to promote greater connection between women of Hope by sharing prayer needs and special interests. Contact throughout the year is encouraged to establish a friendship.

How do I participate? It's easy! Simply:

- 1) Bring a mug in a brown paper bag to church on Sunday, October 18, or to the office during the following week. Make sure to fill out and include a Mug Mate form in the bag.
- 2) Pick up a brown bag on Sunday, October 25, in the Commons. Write down your name and who you got on the list by the Mug Mate box.
- 3) Contact your Mug Mate right away to let her know you are her Mug Mate.
- 4) PRAY!



Mug Mate Forms are available in the Commons or church office.

Sylvia Baxter will host a *Meet Your Mug Mate Dessert* on Friday, November 6, at her house, providing an opportunity for you to meet in person. Questions? Contact call Sylvia Baxter or the Church Office.

New Video Production Team

LIGHTS, CAMERA, ACTION!

Do you love watching behind-the-scenes documentaries?

Do you have an interest in or experience with photography,

videography, video editing/production, lighting or sound?



If so, please prayerfully consider being part of a new Video Production Team at Hope. This team will receive training on Hope's camera, lighting and editing equipment, and be involved in producing brief, but effective pieces of video content for our website, worship, school, youth and other ministries, as well as live video streaming content. If there's an inner Spielberg or Lucas just waiting to bust out of you, use that longing to serve God and His people by contacting Pastor Peter at mueller@hopesseattle.org or 206-937-9330 @ 101!

West Seattle is having it's first ever youth gathering!

Hope, Trinity, Skate Church, WesPres, Young Life, and Grace have joined up to form a youth pastors' network that meets monthly; we've been meeting for almost a year now.

We started this off with a "MERGE nite" in May at Seattle Lutheran High School, where we had bouncy house jousting, quad dodgeball, a live DJ, and many games that night. In June, we followed up with an "ALKI:burn," where we wrote our sins on a piece of paper and threw it into the fire, asking God to forgive our sins and create in us a new heart - gearing us up for the next year. They were both great events, but now it's time for NxSW YOUTH GATHERING. NxSW, is what we call ourselves: "N" - stands for North or heavenward and "SW" - stands for Southwest, our post code - Heavenward via West Seattle.

This is a two day event: concerts, servant events, Living Water walk, FREE Pagliacci pizza, illusionist, and BOB LENZ!

OCTOBER 16-17

Parents are encouraged to join their youth for Saturday night. We have 15 other churches bringing youth from Puyallup/Tacoma to North Seattle! This will be a HUGE event that you will not want to miss.



NxSW
2015 YOUTH GATHERING

FRIDAY CONCERT
OCT. 16TH 8-10PM

- Youth concert featuring Nate Garvey, from Citizens & Saints and The Seattle Lutheran High School Rock Band.
- Hope Seattle Lutheran Church - 4456 42nd Ave SW, Seattle, WA 98116

SATURDAY EVENTS
OCT. 17TH 10AM-9PM

- 10AM-NOON**
Block 1 & 2 servant events ... In the Junction
- NOON**
Free Pagliacci catered lunch ... At Hope Seattle Lutheran Church
- 2-4PM**
Block 3 & 4 servant events ... In the Junction
- 4-5:30PM**
Water Walk from Living Water ... In the Junction
- 6-9PM**
Tim Pratt - Orphan Relief & Rescue ... At Trinity Church West Seattle
Illusionist 7551 35th Ave SW, Seattle, WA
Bob Lenz - Life Promotions (open to middle school and high school students and parents)

Seattle Lutheran High School Events

Oktoberfest Auction: Saturday, October 17

Please join us 5:30 pm for our Oktoberfest Auction in the SLHS Gymnasium.

Celebrate our Saints. Honor our community. Laugh. Dine. Enjoy.

If you have a donation for the auction or want to purchase tickets, please visit our website:
seattlelutheran.schoolauction.net/Oktoberfest.

Open House: Tuesday, November 3, 7:00 - 8:30 p.m.

Seattle Lutheran High School is hosting an Open House for prospective students and families.

This is a great opportunity to meet teachers and students at the school. Learn how iPads are used to enhance the learning process, investigate J-Term courses, and hear about our extra curricular opportunities, including athletic teams, sailing club, SeaBot Robotic team, Key Club, Dining Club, and much more.

SLHS provides a Christ-centered and student-focused environment that equips young people in their educational and spiritual journeys to be servant-leaders in the world. If you or someone you know is looking for a high school where every student is honored and education is personal, please visit. We look forward to welcoming you!

Tommy Woodard and Eddie James are “The Skit Guys,” a comedy team who travel and perform skits teaching about God and the Christian life. Once in a while Bernadette and I will pull them up on Youtube or Godtube and enjoy watching some of their skits. They have a skit where one pretends to be God and the other is praying. The prayer ends up sounding like a spoiled kid in a department store. Every time there is a short pause in the requests, the “God” figure tries to say something, but the pray-er interrupts with more requests and then says “Amen” and leaves. It’s pretty sobering. To that end, there have been many acronyms made over the years to guide Christians in PRAYER (Positive Reassuring Action Yielding Eternal Results). There is A.C.T.S., which is Adoration, Confession, Thanksgiving, and Supplication. There is P.R.A.I.S.E., which is Praise, Repentance, Ask, Intercede, Speak the Word, and Enjoy his presence. And then there is P.R.A.Y. which stands for Praise, Repent, Access, and Yield. Everyone thinks differently and hopefully you find those acronyms helpful. I have found an outline that is more helpful for me. On Sundays, a group of us have been going through Max Lucado’s series on prayer called “Your Best 10 minutes.” Max states that 10 minutes spent in almost any other area of life seems like nothing, but 10 consecutive minutes spent in prayer would seem like a lot to some people. He says God doesn’t ask for long-winded prayers. He doesn’t ask that you ramble on. All He asks is that you give Him your heart. Max says that all the prayers of the Bible can be broken down into four basic prayer headings: “God, you are good. I need help. So do they. Thanks.” Begin prayer by declaring the goodness of God. 1 Chronicles 16:34 says, *“O give thanks to the LORD, for He is good; For His lovingkindness is everlasting.”* Psalms 69:16 says, *“Answer me, O LORD, for Your lovingkindness is good; According to the greatness of Your compassion, turn to me.”* And Psalms 135:3 states, *“Praise the LORD, for the LORD is good; Sing praises to His name, for it is lovely.”* Praise God for his nature, his loving kindness. This is the part where we praise him for who he is, not what he has done. It’s interesting that in Western culture, people tend to praise God more for what he has done, whereas in Eastern culture, they praise him for who he is. Of course we praise him for both! The second heading is “I need help,” with the sub-headings Heal Me, Encourage Me, Lead Me, and Pardon Me. God tells us we can think of him affectionately as our Abba in Galatians 4:6 *“Because you are his sons, God sent the Spirit of his Son into our hearts, the Spirit who calls out, ‘Abba, Father.’”* We

can come confidently before him and ask for what we think we need and ask him to show us what we should have. We are commanded to ask and can know he will answer us according to Matthew 7:11 *“If you then, being evil, know how to give good gifts to your children, how much more will your Father who is in heaven give what is good to those who ask Him!”* This is part of the prayer would include confession. The third heading is “So do They,” and is the part of the prayer where we intercede for others. The three sub-headings here are praying for Those I Love, Those I Don’t Love, and This Hurting World. I’m sure the rest of you don’t have this problem, but it’s easy for me to pray for the people I love. I can’t claim that I had a regular spot in my prayer life for those I don’t love, but we are commanded to pray for our enemies. And that doesn’t mean pray for them to have a flat tire! Matthew 5:44 says, *“But I say to you, Love your enemies and pray for those who persecute you, so that you may be sons of your Father who is in heaven.”* Here is a clear example of how God can change us through prayer. It takes real supernatural power to love those who hate us, but remember that trials here on earth are to change us to become more like Jesus. And then the last heading is “Thank You.” This is the part of the prayer where we thank God for what he has done. I always think of the story of the 10 lepers who Jesus healed. When only the one leper came back to thank Jesus, and he a Samaritan who was despised in Jewish culture, Jesus’ message would have been a real wake-up call to the Jews around him that God desires our thanks. 1 Thessalonians 5:18 says, *“Give thanks in all circumstances; for this is the will of God in Christ Jesus for you.”* Again, it’s easy to thank God for all the blessings, but it does take the supernatural power of Jesus living in us to thank God for all circumstances, because trials are no fun to endure, especially when we can see no reason for them. Nevertheless, God is glorified when his children submit to his will. I think that is one of the highest forms of worship.

So, repeat after me: “God, you are good. I need help. So do they. Thanks!”

~ October 2015 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 8:30am Women's Bible Study (c) 7pm Music Team(s) 7pm Line Dancing (f)	2 Church office closed Men's Retreat 10am Bible Study (fr)	3 Men's Retreat
4 Men's Retreat 6pm oFOUR2 High School Youth (y)	5 6pm Hope Foundation (v)	6	7 6pm Journey (y) 7pm Hope 101 (v) 7pm Choir Practice (s) 7pm Rut (y)	8 8:30am Women's Bible Study (c) 7pm Elders (v) 7pm Music Team(s) 7pm Line Dancing (f)	9 Church office closed 10am Bible Study (fr) Women's Retreat	10 Women's Retreat 8am Men's Breakfast (f)
11 Women's Retreat 6pm oFOUR2 High School Youth (y)	12 11am Saints & Shut- ins	13 7pm Board Financial Focus Meeting (v)	14 6pm Journey (y) 7pm Hope 101 (v) 7pm Choir Practice (s) 7pm Rut (y) 7pm Eve	15 8:30am Women's Bible Study (c) 7pm Music Team(s) 7pm Line Dancing (f)	16 Church office closed 10am Bible Study (fr) 5pm NxSW Merge Youth Gathering (s)	17 NxSW Merge Youth Gathering Events
18 9:30 am 1st Communion Class 12pm LWML Luncheon (f) 6pm oFOUR2 High School Youth (y)	19	20 Priscilla (f)	21 6pm Journey (y) 7pm Hope 101 (v) 7pm Choir Practice (s) 7pm Rut (y)	22 8:30am Women's Bible Study (c) 7pm Music Team(s) 7pm Line Dancing (f)	23 Church office closed 10am Bible Study (fr)	24 5:30 pm School Fall Frolic (SLHS gym)
25 9:30 am 1st Communion Class 12pm Congregational Meeting (s) 6pm oFOUR2 High School Youth (y)	26 6:30pm LWR Kit Assembly (f) 7pm Hope BOD (v)	27 4pm Church Staff Meeting (v) 7pm Men's Event Team Meeting	28 1130am Mary Martha 6pm Journey (y) 7pm Hope 101 (v) 7pm Choir Practice (s) 7pm Rut (y)	29 8:30am Women's Bible Study (c) 3:30pm CityServe Group (v) 7pm Music Team(s) 7pm Line Dancing (f)	30 Church office closed 10am Bible Study (fr)	31 <i>Note: Tomorrow Nov. 1st - Daylight Savings Time Ends - change your clocks.</i>

Greeters:

8:00 Allan & Carolyn Brugge
10:30 Jeanne & Erin Wicklund

Chancel Guild:

Chiquita Wilson
Darlene Roberts
Maria Tornow

Calendar code:

l = Library
() =
fr = Fireside Room
y = Youth Room
c = Commons/Narthex
s = Sanctuary
v = View Room
f = Fellowship Hall
n = Nursery
blank = off site

Missions: E.C.M. - F.O.L.

These two abbreviations have been seen around Hope for years and years...as have the two people connected with them: Diane Mebust and Pastor Kaare Hagen. They are Hope's missionaries to Mexico. Ensenada Christian Ministries reaches out with God's love and His promises to the poor in the Ensenada area. Friends of Literacy shares the Good News of Jesus to folks in the San Juanito and Sicachique area of Mexico. Both Kaare and Diane have dedicated their ENTIRE LIVES to serving in the mission field, answering the Calling of Jesus, who said, "Feed My Lambs."

If Kaare and Diane would be your relatives or close friends of your family, would you support them? Well, they are! They are our brother and sister in the Hope family AND they need help. A few people of Hope already give generously to these two missions so that the poor in spirit and poor in life may come to know the Lord. How about the rest of us? Think of this: If 200 people of Hope would each give only \$5 a month to each of these missions, the work of the Lord could go on and even INCREASE! Only \$5! Some of us are able to give even more than that. So, let's ALL do something. "No one can do everything, but all of us can do something." Your gifts of love to the two missions will be profoundly blessed as you will be blessed. Friends of Literacy checks can be made out to F.O.L. and simply left in the church office marked FOL. Ensenada Christian Ministries checks can be made out to ECM and sent to: ECM, PO Box 1535, Bellevue, WA 98009-1535. Dianne and Kaare thank you; the people of Mexico thank you; the Lord thanks you!

-Irene Gehring



Financial Summary - August 2015

Our fiscal year is July 1st to June 30th.

	Favorable (Unfavorable)			
	Current Month	Year to Date	Budget	Variance
Offerings	\$ 52,088	\$ 100,048	\$ 115,101	\$ (15,053)
School Income	112,920	231,499	217,567	13,933
Interest & Other	1,024	3,441	1,883	1,558
Total Income	166,032	334,988	334,551	437
Personnel Expense	111,503	231,193	247,833	16,640
Supplies Expense	13,157	19,279	29,152	9,873
Facilities Expenditures	10,683	14,876	25,793	10,917
Debt Service	17,694	35,388	35,388	0
Missions	1,125	1,125	750	(375) -
Total Expense	154,162	301,861	338,917	37,055
Operating Surplus	11,870	33,127	(4,366) -	37,493

Note: Please contact Julia Doerr, Parish Administrator, with any questions regarding our financial status.



HOPE LUTHERAN
CHURCH & SCHOOLS

4456 - 42nd Ave SW, Seattle, WA 98116

Non-Profit Org.

U.S. Postage

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Seattle, WA

Permit No. 779

Peter Mueller, Senior Pastor pmueller@hopeseattle.org
Julia Doerr, Parish Administrator jdoerr@hopeseattle.org
Kristen Okabayashi, Principal kokabayashi@hopeseattle.org
Patra Mueller, Family Life Minister patramueller@hopeseattle.org
Jonathan Kopecky, Youth Minister jkopecky@hopeseattle.org
Amy Kopecky, Dir. of Music Ministry akopecky@hopeseattle.org
Elissa Sommer, Human Care Ministry nesommer@comcast.net
Dan Jackson, Deacon djackson@hopeseattle.org
Patrice Wolanin, Secretary church@hopeseattle.org

Sunday Schedule:

8:00 am Traditional Worship
9:30 am Education & Sunday School Hour
10:30 am Contemporary Worship

Phone: 206-937-9330
www.hopeseattle.org
E-mail: church@hopeseattle.org

Human Care Ministry Elissa Sommer, HCM Director, esommer@hopeseattle.org

All HCM gifts may be placed in the Commons Mission Box.

October Drive: Winter Outerwear - We are collecting both NEW and GENTLY USED coats, hats, gloves & mittens, for several areas of need including the homeless, Lutheran World Relief and our Giving Tree. Your donations of gently used winter outerwear items need to be laundered, in good condition, and free of stains and tears.



Gifts for Single Moms needed by November 8 -

Human Care Ministry gives Christmas gift bags to single moms of families on our Giving Tree, because people close to them rarely have money to buy them gifts. These moms struggle daily, hanging on at the end of their rope...so our gifts send the message that Someone cares about them. God cares. We care. You are invited to share in this ministry by giving:

- new/lightly used jewelry,
- bath sets/body notions,
- scarves/accessories,
- purses/wallets,
- kitchen towels/hot pads,
- house decorations.
- anything new you have been given but don't need or use.

Place your gifts in the Commons Mission Box marked "single moms" by November 8. You, too, can be a conduit of God's love!